

# Popular Dog Food Calorie Contents

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## Canned & Pouched Food

*(Calories per Can/Pouch)*

### **Alpo Chop House Originals** ~ 13.2oz cans

Roasted Chicken Flavor Cooked in Tasty Sauce	354
Pork Tenderloin Flavor Cooked in Tasty Sauce	361
Filet Mignon Flavor Cooked in Tasty Sauce	354
Ribeye Flavor Cooked in Savory Juices	367
Top Sirloin Flavor Cooked in Savory Juices	360
New York Strip Flavor Cooked in Savory Juices	323
Prime Rib Flavor Cooked in Savory Juices	323

### **Alpo Classic Chunky** ~ 13.2oz cans

Beef	401
Chicken	401
Without Gravy Trio w/ Chicken, Meat & Liver	384
Without Gravy w/ Beef, Bacon & Cheese	399
Without Gravy w/ Liver	430

### **Alpo Classic Ground** ~ 13.2oz cans

Puppy w/ Chicken & Rice Simmered in Sauce	396
Beef Simmered in Sauce	371
Chicken Simmered in Sauce	365

### **Alpo Prime Cuts in Gravy** ~ 13.2oz cans

Beef, Vegetables & Rotini Pasta	335
Chicken, Vegetables & Rotini Pasta	342
Beef	349
Beef & Liver	372
Beef & Rice	342
Beef, Bacon & Cheese	380
Stew w/ Beef	349
Chicken	347
Gourmet Dinner	346
Lamb & Rice	366

London Grill	346
Turkey & Bacon	385
Lean Prime Cuts in Gravy w/ Beef	316
Senior Prime Cuts in Gravy w/ Beef & Rice	328

**Alpo Prime Slices in Gravy ~ 13.2oz cans**

Beef	342
Chicken	342
Lamb	365

**Artemis ~ 13oz can**

Beef	681
Chicken	484
Lamb	480

**Avoderm ~ 13.2oz can**

Puppy – Natural Chicken & Brown Rice Formula	451
Natural Lamb Meal & Brown Rice Formula	519
Natural Chicken Meal & Brown Rice Formula	464
Natural Lite Brown Rice, Oatmeal & Chicken Formula	323
Natural Vegetarian	461

**B.G.-Before Grain ~ 13.2oz can**

100% Chicken	556
100% Salmon	565
100% Buffalo	484
100% Turkey	569
100% Tripe	432
100% Beef	499

### **Beneful Prepared Meals ~ 10oz container**

Beef & Turkey Medley w/ Green Beans, Carrots & Wild Rice	260
Beef Stew w/ Peas, Carrots, Rice & Barley	266
Roasted Chicken Recipe w/ Peas, Carrots & Spinach	256
Roasted Pork Entrée w/ Green Beans, Barley, Carrots & Wild Rice	272
Roasted Turkey Medley w/ Corn, Wild Rice, Peas & Barley	266
Savory Rice & Lamb Stew w/ Peas & Carrots	265
Simmered Beef Entrée w/ Carrots, Barley, Wild Rice & Spinach	262
Simmered Chicken Medley w/ Green Beans, Carrots & Wild Rice	263

### **Blue Homestyle Recipes ~ 12.5oz can**

Chicken Dinner w/ Garden Vegetables & Brown Rice	455
Lamb Dinner w/ Garden Vegetables & Brown Rice	425
Beef Dinner w/ Garden Vegetables & Sweet Potatoes	462
Salmon Dinner w/ Sweet Potatoes & Fresh Asparagus	450
Turkey Meatloaf Dinner w/ Carrots & Sweet Potatoes	425
Hearty Venison Dinner w/ Garden Vegetables & Sweet Potatoes	411

### **Blue Wilderness ~ 12.5oz can**

High Protein-Low Carb Turkey & Chicken Grill	476
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### **By Nature Naturals ~ 13.2oz can**

95% Beef	370
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95% Beef, Chicken & Liver	370
95% Chicken	370
95% Turkey & Bacon	370

### **By Nature Naturals Organic ~ 13.2oz can**

100% Organic Turkey	264
100% Organic Chicken	264
Organic Chicken, Carrots & Peas	264
Organic Turkey, Sweet Potato & Peas	264

### **California Natural ~ 13.2oz can**

Lamb & Brown Rice	580
Chicken & Brown Rice	475
Salmon & Sweet Potato	554

### **Canidae**

ALS (All Life Stages)	5.5oz - 195	13.2oz - 457
Lamb & Rice	5.5oz - 180	13.2oz - 433
Chicken & Rice	5.5oz - 184	13.2oz - 433
Platinum (senior & overweight)	5.5oz - 161	13.2oz - 332

### **Canine Caviar ~ 13.2oz can**

Gourmet Turkey	707
Gourmet Duck	799
Gourmet Beaver	1370
Venison Tripe	624

### **Chicken Soup for the Pet-Lover's Soul ~ 13.2oz can**

Puppy Formula	428
Adult Formula	420
Senior Formula	362

### **Diamond ~ 13.2oz can**

Chicken & Rice Formula	452
Beef & Rice Formula	443
Lamb & Rice Formula	457

**Dick Van Patten Nature's Formulas ~ 13.2oz can**

Beef	426
Chicken	426
Duck & Potato	414
Fish & Sweet Potato	426
Lamb	426
Liver	426
Venison & Sweet Potato	426

**Dick Van Patten Nature's Formulas - Dog Food Rolls ~ calories per inch**

Beef ~ 1lb	1lb - 156	2.5lbs - 260
Lamb ~ 1lb	1lb - 156	2.5lbs - 260
Turkey ~ 1lb	1lb - 156	2.5lbs - 260

**Cesar Canine Cuisine Paté ~ 3.5oz tray**

Puppy - With Chicken & Beef	100
T-Bone Steak Flavor	90
Porterhouse Steak Flavor	80
Filet Mignon Flavor	80
With Beef	80
Braised Beef w/ Garden Vegetables	80
Top Sirloin Flavor	80
With Lamb	80
Pork Tenderloin Flavor	80
With Chicken & Beef	80
Grilled Chicken Flavor	80
With Chicken & Liver	80
With Chicken & Veal	80
With Braised Chicken & Garden Vegetables	80
With Turkey	80
With Duck	80
Senior - Chicken & Rice	100

### **Cesar Gourmet Filets in Sauce ~ 3.5oz tray**

Rib-Eye Steak Flavor	97
Beef Tenderloin Flavor	97
Prime Rib Flavor	97
New York Strip Flavor	97
Filet Mignon Flavor	97
Grilled Chicken Flavor	97
With Braised Chicken & Garden Vegetables	97
Roast Turkey Flavor	97

### **Eukanuba ~ 10oz can (unless otherwise noted)**

Puppy Growth Formula	429
Puppy Large Breed Formula	410
Small Breed Chicken & Rice Formula	5.5oz - 222
Small Breed Lamb & Rice Formula	5.5oz - 223
Maintenance	376
Lamb Meal & Rice Formula	372
Large Breed Formula	329
Reduced Fat Formula	348
Senior Maintenance Formula	328

### **Eagle Pack Holistic-Natural ~ 13oz can**

Puppy - Chicken & Oat Bran Formula	446
Duck & Oatmeal Formula	450
Duck & Chicken Formula	450
Tuna, Salmon & Shrimp	450
Beef Formula (w/ Oat Bran)	376
Chicken Formula (w/ Oat Bran)	435
Lamb Formula	446
Liver, Chicken & Rice Formula	435

### **Eukanuba** ~ 13.2oz can (unless otherwise noted)

Puppy Entrée w/ Fresh Chicken & Rice	488
Puppy Mixed Grill w/ Chicken & Beef	12.3oz ~ 348
Entrée w/ Beef & Rice	448
Entrée w/ Fresh Chicken & Rice	413
Entrée w/ Lamb & Rice	437
Entrée w/ Turkey & Rice	434
Mixed Grill w/ Chicken & Beef in Gravy	12.3oz ~ 345
Dinner w/ Chicken in Gravy	12.3oz ~ 343
Hearty Stew w/ Beef & Vegetables in Gravy	12.3oz ~ 379
Mixed Grill w/ Chicken & Beef	448

### **EVO**

95% Beef	5.5oz ~ 209	13.2oz ~ 502
95% Chicken & Turkey	209	502
95% Duck	214	515
95% Rabbit	220	528
95% Venison	237	568

### **Friskies Canned Dog Food** ~ 13.2oz can

Chunky w/ Beef	442
Chunky w/ Chicken	508
Chunky w/ Liver	461

### **Fromm** ~ 13oz can

Chicken Thighs	450
Shredded Duck Entrée	507
Beef Entrée	601
Tuna Entrée	406
Pork Tenderloin Entrée	507
Salmon Entrée	408

### **Hill's Prescription Diet** ~ 13oz can

a/d Canine/Feline	5oz ~ 180
c/d	492
d/d Duck Formula	356
d/d Lamb Formula	492
d/d Salmon Formula	362
d/d Venison Formula	404

g/d	377
h/d	480
i/d	485
j/d	498
k/d	458
l/d	515
n/d	569
r/d	357
s/d	507
u/d	489
w/d	329
z/d ULTRA Allergen-Free	360

### **Iams Ground ~ 13.2oz can**

Savory Dinner w/ Tender Chicken & Rice – PUPPY	489
Savory Dinner w/ Meaty Beef & Rice	448
Savory Dinner w/ Tender Chicken & Rice	413
Savory Dinner w/ Juicy Turkey & Rice	434
Hearty Mixed Grill w/ Chicken & Beef	448
Savory Dinner w/ Wholesome Lamb & Rice	437

### **Iams Chunks ~ 12.3oz can (unless otherwise noted)**

Tender Chicken & Beef in Simmered in Gravy – PUPPY	365
Tender Chicken & Beef in Simmered in Gravy	347
Tender Beef & Vegetables Simmered in Gravy	386
Savory Chicken & Vegetables Marinated in Gravy	392
Savory Chicken Marinated in Gravy	344

### **Iams Veterinary Formulas ~ 14oz cans (unless otherwise noted)**

Skin & Coat – Response FP	517
Intestinal – Low Residue	414
Weight Loss – Restricted Calorie	398
Maximum-Calorie – Canine & Feline	14oz - 333



## Innova

Adult	5.5oz ~ 217	13.2oz ~ 520
Senior	NA	NA
Puppy	217	520

## Merrick ~ 5.5oz cans

Harvest Moon	322
Cowboy Cookout	394
Grammy's Pot Pie	394
Puppy Plate	389
Thanksgiving Day Dinner	432
Turducken	364
Wingaling	330
Brauts 'n Tots	343
Mediterranean Banquet	380
New Zealand Summer	362
Senior Medley	312
Smothered Comfort	330
Venison Holiday Stew	384
Wild Buffalo Grill	370
Wilderness Blend	344
Working Dog Stew	382

## Mighty Dog ~ 5.5oz cans

Beef Dinner	182
Beef & Chicken Dinner	209
Chicken & Liver Dinner	229
Chicken, Egg & Bacon Dinner	221
Gourmet Dinner	221
Lamb & Rice	197
Turkey & Bacon Dinner	219

## Mighty Dog Prime Cuts ~ 5.5oz cans

Beef Dinner in Gravy	148
Chicken Dinner in Gravy	150
Turkey Dinner in Gravy	145

### **Mighty Dog Roasted** ~ 5.5oz cans

Beef Dinner in Gravy	125
Chicken Dinner in Gravy	120
Pork Dinner in Gravy	123
Lamb in Gravy	141
Turkey in Gravy	138

### **Mighty Dog Seared Filets** ~ 5.5oz cans

Chicken & Liver Dinner in Gravy	126
Pork in Gravy	150

### **Mighty Dog Select Menu** ~ 5.5oz cans

Beef Tenderloin Flavor	162
Rotisserie Chicken Flavor	164
Savory Steak Flavor	162
Seared Filets New York Strip Steak Flavor in Savory Sauce	153
Seared Filets Tenderloin Tips Flavor in Savory Sauce	151

### **Mighty Dog Senior** 7+ years ~ 5.5oz cans

Beef & Rice Dinner	152
Chicken & Rice Dinner	156
Turkey & Rice Dinner	155

### **Mighty Dog Premium Entrées** ~ pouches

Beef Dinner in Gravy	90
Chicken Dinner in Gravy	91
Turkey Dinner in Gravy	91
Beef & Chicken Dinner in Gravy	69
Beef Dinner w/ Vegetables in Gravy	78
Chicken Dinner w/ Vegetables in Gravy	79

### **Natural Life** ~ 13.2oz cans

Puppy Complete	518
Adult Complete	518
Adult Lamaderm	429
Senior Complete	377
Adult Vegetarian	461

### **Nature's Logic ~ 13.2oz cans**

Chicken	479
Lamb	478
Venison	478
Duck & Salmon	478

### **Nature's Variety Instinct**

Chicken Formula	5.5oz ~ 209	13.2oz ~ 501
Beef Formula	220	527
Lamb Formula	246	589
Rabbit Formula	222	532
Duck Formula	244	586
Venison Formula	229	548

### **Nature's Variety Prairie ~ 13.2oz cans**

Chicken Recipe	514
Beef Recipe	494
Lamb Recipe	556
Venison Recipe	475
Homestyle Chicken Stew	354
Homestyle Beef Stew	367
Homestyle Lamb Stew	385

### **Newman's Own**

Chicken	5.5oz ~ 215	5.5oz ~ 500
Chicken & Brown Rice	198	461
Turkey & Brown Rice	176	365
Puppy Turkey & Chicken	190	439

### **Nutro MAX Puppy ~ 12.5oz cans (unless otherwise noted)**

Chicken, Lamb & Rice	5oz - 178	12.5oz - 406
Large Breed Beef & Rice Dinner Chunks in Gravy	351	

### **Nutro MAX Adult ~ 12.5oz cans (unless otherwise noted)**

Chicken, Rice & Lamb Dinner	5oz - 184	12.5oz - 418
Chicken, Rice & Turkey Dinner	414	
Beef & Rice Dinner	385	
Large Breed Beef & Rice Dinner	359	

Chunks in Gravy		
Weight Control Chicken, Rice & Vegetable Dinner	5oz - 140	12.5oz - 319

### **Nutro MAX Senior** *7+ years ~ 12.5oz cans*

Chicken & Rice Dinner	367
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### **Nutro Natural Choice Puppy** *~ 12.5oz cans*

Lamb & Rice	468
Chicken, Rice & Oatmeal	373
Large Breed Chicken & Rice Chunks in Gravy	334
Large Breed Lamb & Rice Chunks in Gravy	344

### **Nutro Natural Choice Pouches Puppy**

Chicken & Cheese Casserole Slices in Gravy	141
Yankee Pot Roast Entrée Chunks in Gravy	140

### **Nutro Natural Choice Adult** *~ 12.5oz cans (unless otherwise noted)*

Original Lamb & Rice Formula	451
Lamb & Rice Recipe	406
Chicken, Rice, & Oatmeal	364
Lamb & Pasta	418
Lamb, Duck & Pasta	419
Turkey, Lamb & Pasta	400
Chicken & Lamb Entrée ~ 5oz	167
~ 12.5oz	380
High Energy	437
Chicken Casserole ~ 5oz	170
Lamb & Kidney Stew ~ 5oz	167
Salmon & Shrimp Chowder ~ 5oz	179
Turkey & Liver Platter ~ 5oz	177
Lite w/ Lamb & Rice	318
Large Breed Chicken & Rice Chunks in Gravy	355
Large Breed Lamb & Rice Chunks in Gravy	331
Large Breed Weight Management Chicken & Rice Chunks in Gravy	295

### **Nutro Natural Choice Pouches Adult**

Chicken & Brown Rice Entrée Slices in Gravy	134
Midwest Beef Stew Chunks in Gravy	132
Savory Lamb Stew Slices in Gravy	132
Turkey & Veggie Casserole Chunks in Gravy	132

### **Nutro Natural Choice Senior 7+ years ~ 12.5oz cans**

Chicken & Rice	364
Turkey & Rice	370

### **Nutro Ultra ~ 12.5oz cans**

Puppy Chicken, Salmon & Lamb	411
Adult Chicken, Salmon & Lamb	399
Weight Management Chicken, Salmon & Lamb	325
Senior Chicken, Salmon & Lamb	342

### **Nutro Ultra Pouches**

Puppy Chicken, Salmon & Lamb Entrée Slices in Gravy	163
Adult Chicken, Salmon & Lamb Entrée Slices in Gravy	156
Weight Management Chicken, Salmon & Lamb Entrée Slices in Gravy	127
Senior Chicken, Salmon & Lamb Entrée Slices in Gravy	132

### **Pedigree Puppy—Traditional Ground Dinners ~ 13.2oz can**

Chicken & Beef Dinner	450
Lamb & Rice	450

### **Pedigree Little Champions Puppy ~ 5.3oz pouch**

Morsels in Sauce w/ Chicken	123
Morsels in Sauce w/ Lamb	123

### **Pedigree Adult—Butcher's Selects ~ 6oz can**

Prime Rib	200
Beef Tenderloin	165

Grilled Chicken	162
Herb Roasted Chicken	163
Porterhouse Steak	205
Rotisserie Chicken	205

### **Pedigree Adult—Choice Cuts ~ 13.2oz can**

Country Stew	338
Beef	338
Beef & Barley	338
Beef & Liver	338
Beef & Rice	338
Chicken	338
Chicken & Rice	338
Lamb & Vegetables	338

### **Pedigree Adult—Traditional Ground Dinners ~ 13.2oz can**

Chopped Beef	413
Chopped Combo Stew Chicken & Rice Dinner	413
Chopped Combo w/ Chicken, Beef & Liver	413
Chopped Combo Stew w/ Chunky Beef	413
Chopped Chicken	413
Chopped Liver & Beef	413
Chunky Beef	413
Chopped Combo Stew w/ Chunky Beef & Chicken	413
Chunky Beef, Bacon & Cheese	413
Chunky Beef & Heart	413
Chunky Chicken	413
Chunky Liver & Beef	413
Chunky Turkey & Bacon	413
Performance Beef & Liver	488
Lean Beef & Liver Dinner in Meaty Juices	274

### **Pedigree Little Champions Adult ~ 5.3oz pouch**

Butcher's Stew w/ Beef	110
Casserole Dinner w/ Beef, Noodles & Vegetables	113
Chunks in Gravy w/ Beef	108
Chunks in Gravy w/ Chicken	108
Grilled Cuts in Sauce w/ Beef	108

Meaty Strips in Gravy w/ Beef	107
Meaty Strips in Gravy w/ Chicken	107
Ground Dinner w/ Beef	173
Ground Dinner w/ Beef & Cheese	173
Ground Dinner w/ Beef & Chicken	173
Ground Dinner w/ Chicken	173
Ground Dinner w/ Lamb	173
Ground Dinner w/ Turkey	173

### **Pedigree Little Champions Senior** *7+ years*

Morsels in Sauce Healthy Maturity Lamb & Rice	108
Morsels in Sauce Healthy Maturity Chicken & Rice	108

### **Pet Promise**

Beef & Brown Rice	478
Chicken & Brown Rice	405

### **Pinnacle Holistic** *~ 13.2oz can*

Chicken & Vegetable Formula	486
Trout & Sweet Potato Formula	452
Duck & Potato	470

### **Purina Pro Plan Puppy** *~ 13oz can*

Chicken & Rice Entrée	461
Small Breed Chicken & Rice Entrée	---
Large Breed Chicken & Rice Entrée	445
Giant Breed Beef & Rice Entrée	---
Giant Breed Chicken & Rice Entrée	455

### **Purina Pro Plan Adult** *~ 13oz can*

Beef & Rice Entrée	419
Chicken & Rice Entrée	426
Lamb & Vegetables Entrée Slices in Gravy	321
Turkey & Vegetables Entrée Slices in Gravy	309
Beef & Vegetables Entrée Slices in Gravy	322
Chicken & Vegetables Entrée Slices in Gravy	319

### **Purina Pro Plan Small Breed Adult ~ 13oz can**

Small Breed Beef & Rice Entrée	---
Small Breed Chicken & Rice Entrée	---

### **Purina Pro Plan Large Breed Adult ~ 13oz can**

Beef & Rice Entrée Chunks in Gravy	303
Chicken & Rice Entrée Chunks in Gravy	305
Lamb & Vegetables Entrée Slices in Gravy	325
Turkey & Vegetables Entrée Slices in Gravy	303

### **Purina Pro Plan Giant Breed Adult ~ 13oz can**

Beef & Rice Entrée	---
Chicken & Rice Entrée	---

### **Purina Pro Plan Senior 7+ years ~ 13oz can**

Beef & Rice Entrée Morsels in Gravy	309
Chicken & Rice Entrée Morsels in Gravy	307
Small Breed Beef & Rice Entrée	---

### **Purina Pro Plan Extra Care ~ 13oz can**

Sensitive Stomach Salmon & Rice Entrée Classic	445
Weight Management Turkey & Rice Entrée Morsels in Gravy	310
Weight Management Turkey & Vegetable Entrée Slices in Gravy	310
Weight Management - Small Breed Chicken & Rice Entrée Classic	195

### **Purina Veterinary Diets ~ 12.5oz cans (unless otherwise noted)**

CV – CardioVascular	638
EN – GastroENteric	424
NF – Kidney Function	500
OM – Overweight Management	189



## Royal Canin ~ Veterinary Diets

Calorie Control CC	12.7oz - 263
Control Formula	14oz - 470
Development Formula	14oz - 430
HiFactor Formula	14oz - 318
Low Fat LF	13.6oz - 442
Mature Formula	14oz - 443
Modified Formula	14oz - 619
Potato & Duck Formula	14oz - 484
Potato & Rabbit Formula	14oz - 468
Potato & Venison Formula	14oz - 505
Potato & Whitefish Formula	14oz - 520
Renal LP	13oz - 784
Renal MP	13.4oz - 670
Sensitive Formula	14oz - 446
Urinary SO	13.6oz - 649

## Science Diet

Puppy Healthy Development – Savory Chicken Entrée	5.8oz - 205	13oz - 459
Advanced Fitness – Gourmet Beef & Chicken Entrée		381
Advanced Fitness – Gourmet Beef Entrée	168	378
Advanced Fitness – Gourmet Turkey Entrée		450
Advanced Fitness – Savory Chicken Entrée	154	345
Light	144	322
Mature Active Longevity – Gourmet Beef Entrée	164	368
Mature Active Longevity – Gourmet Turkey Entrée		369
Mature Active Longevity – Savory Chicken Entrée	155	347

## VeRUS ~ 13.2oz can

Turkey & Veggie Formula	434
Chicken & Rice Formula	479

Duck & Potato Formula	373
Beef & Barley Formula	472
Lamb & Rice Formula	448
Fish & Potato Formula	404
Garden Selection Formula	408

## Wellness

Just for Puppy	6oz - 192	
Chicken & Sweet Potato	6oz - 214	12.5oz - 445
Duck & Sweet Potato	6oz - 197	12.5oz - 410
Whitefish & Sweet Potato	6oz - 161	12.5oz - 335
Lamb & Sweet Potato	6oz - 195	
Turkey & Sweet Potato	6oz - 210	12.5oz - 438
Venison & Sweet Potato	6oz - 202	12.5oz - 421
Senior	6oz - 181	12.5oz - 377
95% Chicken	13.2oz - 508	
95% Beef	13.2oz - 472	
95% Venison	13.2oz - 425	
95% Salmon	13.2oz - 412	
95% Turkey	13.2oz - 512	